



# Federico Gaibotti

## Fitness Instructor

### About Me

have completed my studies in Sports Science at the University of Urbino and am eager to pursue a career in sports. My six years of experience in basketball (instructor, athletic trainer, scout, journalist), athletics (instructor), senior fitness (instructor), and two years as a group fitness instructor have provided me with diverse experience across age groups and developed my sports knowledge, networking skills, and performance analysis capabilities. My commitment and passion have led to recognition and increased responsibility. I am continuously seeking to learn new skills and take on greater responsibilities for professional growth.

**Date of birth:** June 13, 1992

**Place of birth:** Brescia

### Work experience

#### FITNESS COACH

*September 2021 - present*

FITActive - Brescia

Led group fitness classes including: Pilates, Postural Gymnastics, Circuit Training, Military Workout, Cross Training, Tabata, Active 6-pack, Upper Body, and Functional Training

#### BASKETBALL SCOUT

*July 2021 - present*

Eurohoops Scouting - Athens

Analyzed and evaluated young European basketball prospects for NCAA recruitment.

Developed a network of international contacts and a glossary of evaluation parameters.

Tournaments attended: FIBA U19 World Cup Latvia 2021, FIBA U16 European Challenge Sofia 2021, Torneo di Bassano 2022, FIBA U17 World Cup Spain 2022, FIBA U18 Div.B European Championship Ploiesti 2022, ANGT stages 2023, FIBA U17 World Cup Turkey 2024, FIBA U18 Div.A European Championship Tampere 2024, FIBA U16 Div.A European Championship Heraklion 2024

#### ATHLETIC TRAINER

*March 2018 - present*

GS Rezzato - Rezzato

- Coached young athletes (beginner and intermediate levels) in fundamental movement skills (running, throwing, jumping) with specialization in long jump and sprint.

- Certified track and field coach by FIDAL

#### BASKETBALL COMMENTATOR

*October 2014 - December 2021*

BasketUniverso - Brescia

- Wrote online articles for a basketball website covering Serie A, Serie A2, Euroleague, Eurocup, BCL, and FIBA Europe Cup

- Managed a column on young Italian and European talents

- Proficient in WordPress, Microsoft Office, and Excel

### Contact

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📍 Via Aldo Moro 41  
25086 Rezzato, Italy

### Driving license

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### Skills

- Team working
- Conflict Management
- Proactive Approach
- Excel spreadsheet
- Microsoft Office
- Skills Development
- Social Media Monitoring
- Wordpress
- Interpersonal Skills
- Ability to meet deadlines
- Data analysis
- Organization Skills

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## Languages

**Italian** - Native

**English** - Expert

**German** - Beginner

### **BASKETBALL SCOUT**

*January 2019 - January 2021*

**Eurospects - Wroclaw**

- Analyzed and evaluated young European basketball prospects.
- Developed a network of international contacts and a glossary of evaluation parameters.
- Tournaments attended: FIBA U16 Novi Sad 2018, GBA Invitational Tournament 2019, FIBA U16 Udine 2019, ANGT Munich 2020, GBA Invitational Tournament 2020

### **SENIOR FITNESS INSTRUCTOR**

*October 2019 - March 2020*

**ASD GYM&FIT - Botticino**

- Made classes for senior citizens (ages 55-85) in low-impact fitness activities to maintain fitness and prevent injury.
- Certified Pilates instructor (Accademia Italiana Fitness).

### **SALES ASSISTANT**

*May 2019 - August 2019*

**Decathlon - Castenedolo**

- Worked as a cashier and assisted customers with the purchase of Pilates products/accessories/clothing.
- Collaborated effectively as part of a team.

### **SPORTS EVENTS ADMINISTRATIVE ASSISTANT**

*April 2016 - April 2017*

**Memorial Gallini - Pordenone**

- Provided full-time support during two international youth soccer tournaments for Chinese and Canadian teams.
- Managed schedules, transportation, and timetables; adapted to unforeseen circumstances.
- Developed international relations through English communication.

### **FREELANCE JOURNALIST**

*December 2016 - February 2017*

**Blasting News - Castenedolo**

Wrote freelance articles on sports, culture, and entertainment (including English language content)

### **SPORTS ANIMATOR**

*April 2016 - September 2016*

**Pink Wave - Lindos**

- Organized and led sports and recreational activities for guests.
- Built relationships with guests to enhance their vacation experience through evening entertainment.
- Collaborated effectively with the animation team.

### **BASKETBALL COACH**

*January 2014 - June 2015*

**IBR Rimini - Rimini**

- Coached kid squads (from U7 until U12) and made U16 team strength and conditioning
- Developed and implemented training programs focused on motor skills and basketball fundamentals.
- Monitored physical progress and created monthly training schedules for a U16 basketball team, focusing on strength, endurance, and speed.

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## Education

### MASTER'S DEGREE

2019

University of Urbino Carlo Bo, Sports Sciences - Urbino

97/110

### UNIVERSITY DIPLOMA

2016

Alma Mater Studiorum, University of Bologna, Sports Science - Rimini

96/110

### SECONDARY SCHOOL LEAVING CERTIFICATE

2012

Liceo Scientifico Vincenzo Capirola - Leno

73/100

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## SCOUTING PROJECT

NEW US DATABASE: A project focused on collecting information, statistics, graphics, reports, and evaluations of basketball players across various leagues (including non-European leagues) and cups.